

Week ending issue: August 26, 2016- Issue #304

## **Policy**

# Policy from the WIC State Program Certification Policy and Procedure Manual – Policy 215.12 Precertification of Priority II Infants

The usual certification procedure should be used for most infants because it offers an opportunity for WIC staff to visually assess the infant's health status and to provide anticipatory guidance about infant feeding. However, precertification of Priority II infants (i.e., certification without current anthropometric data) is allowed by the lowa WIC Program under specific circumstances. The purpose of precertification is to provide adequate nutrition soon after birth. This policy provides information about how to complete precertification.

Priority II infants are infants who are considered to be at nutritional risk solely on the basis of their mother's status defined as follows:

- Mother participated in WIC during her pregnancy, or
- Mother did not participate in WIC during her pregnancy but her medical records document that she was at nutritional risk during pregnancy.

# **Information**

# Thank you of the Week

"When I first became a peer counselor I had no idea what I was getting myself into. I've always been somewhat reserved, so to be expected to talk to strangers about breastfeeding was daunting for me. What I did know is that it was important. My own experience with breastfeeding was far from perfect. There were many moments that I wanted to give up; I remember crying at 2am wondering how on earth I was supposed to feed my baby. I was lucky enough to have the support system I did, I had people reminding me of why I wanted to breastfeed and my own mother was there to show me how to find a comfortable position and to get her to latch without causing pain. She would sit with me while I was nursing so after a while I became less self-conscious about nursing around other people.

"When I became a peer counselor I realized how many mothers don't have this and how much of an impact this can have on their decision to breastfeed and the likelihood that they will be successful.

"I was asked to write about defining moments as a peer counselor but it's difficult because there are so many! Each time I make a connection with another mother, when they start to open up about their fears and their hopes for breastfeeding it warms my heart, when I get a thank you, when I hear that both Mom and baby are enjoying their breastfeeding experience, when I'm sent pictures of happy, healthy babies. I like being there for them because sometimes there is no one else; or worse, those around them are unsupportive. This program is about talking them through those barriers, sharing education, and experience and offering support along their journey; but also sharing their disappointments when things don't work out and sharing their joy when they're successful. I hope that times are evolving to make breastfeeding more accepted and we can continue to raise awareness of the benefits of breastfeeding. Being a peer counselor is extremely rewarding for me and I'm glad to be a part of the BFPC program."

### Participant Centered Services

### Save the Date

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# eWIC/Focus Update

# Dates to Remember/Training

#### August:

WIC Contractor Meeting – August 30<sup>th</sup>

#### September:

- NETC Webinar (All New Staff) September 15, 8:30-11:30 a.m.
- NETC Webinar (Health Professional) September 22, 8:30-11:30 a.m.
- NETC Webinar (Support Staff) September 29, 8:30-11:30 a.m.

#### October:

Communication and Rapport Workshop – October 26th

#### November:

- NETC Webinar (All New Staff) November 10, 8:30-11:30 a.m.
- NETC Webinar (Health Professional) November 16, 8:30-11:30 a.m.
- NETC Webinar (Support Staff) November 17, 8:30-11:30 a.m.

## Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Vivonex T.E.N.	60- 2.84 oz. packets	11/2016	State WIC Office	Nicole Newman 515-281-4545
Keto cal. 3:1, 11 oz. Unflavored Powder	8 containers	9-4-16	HACAP	Angela Munson 319-366-7632
Pediasure 1.0	1 case	11-16-16	HACAP	Angela Munson 319-366-7632
Ketocal 4.1 (vanilla)	1 case	9-9-16	HACAP	Angela Munson 319-366-7632
Tolerex formula	7 boxes w/ 6 pkts each plus 2 pkts	2/17	HACAP	Angela Munson 319-366-7632
RTU Neosure	26 containers	9-1-17	Upper Des Moines Opportunity	Tammy Chapman, RD, LD 712-859-3885, Ext. 110
RCF Concentrate	11 cans	5/2017	Webster County WIC	Kathy Josten, LD, CBE 515-573-4107
Therapeutic Pediasure 1.5 cal. per ml 350 calorie	68 - 8oz cans		North Iowa Community Action	Carla Miller, LBSW (641)423-5044 ext. 24
Alfamino Infant 14.1 oz powder	3 containers	5/28/17	Pottawattamie County WIC	Kristine Wood, MS, RDN, LD 712-328-5886

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- (1) Mail: U.S. Department of Agriculture
  Office of the Assistant Secretary for Civil Rights 1400
  Independence Avenue, SW
  Washington, D.C.20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: <u>program.intake@usda.gov</u>

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